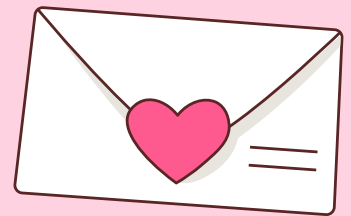


JFK Newsletter

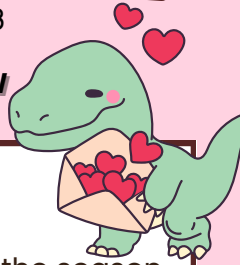
February 2026

Boshch'ii' (The Owl's hoot)

DiiJii Yigolaal IsKaa Bah - Learn Today for Tomorrow



(928)338-4593



Robotics:

What an exciting season it has been for the Elementary Robotics Teams!! They finished off the season at Whiteriver Elementary School on Friday January 23. Team C Queen of Pandas members include Chayni, Thaliyah, Aiyana, Taeriel. Team B Snoopy members include Carson, Shania, Braylee, and Karl.

Queen of Pandas tied second place for the teamwork championships, and they received the Judge's Award!!

Over the course of the past few months these students have worked tremendously hard on getting their robots built and programmed to perform at each meet. There were plenty of setbacks, but they persevered and finished off the season with more knowledge of VEX Robots. That in itself is something to be proud of. These kids have learned critical thinking skills, teamwork, creativity and resilience. They came to every meet prepared and with the willingness to work harder and learn more. We are so proud of the hard work and dedication these kids put into the season.

Congratulations to the Elementary Robotics Teams, Queen of Pandas and Snoopy on a great season!!

STEM Coach, Ms. Naomi Altaha
Robotics Coordinator, Mrs. Hoffman

Way to go



Follow us on Facebook

For the latest news, join us on Facebook, hit that follow button and follow our page. Stay informed about upcoming events, announcements & updates at:

**John F. Kennedy Day
School - BIE**



5th Grade News

Language Arts: Students are reading an argumentative text; Let Animals be Wild and don't Release Animals back to the Wild. Students are learning to explain the relationships between two ideas, on specific information in the text from the author's point of view.

Math: Students are adding and subtracting fractions. So important they know multiplication and division to help them find the answers.

Science: Students are studying about Earth's System. They can model how the interactions take place in the biosphere, geosphere, lithosphere, and atmosphere.

We will have a Valentines Party on Wednesday, Feb. 11th.

Ms. Rodriguez, Teacher

Mrs. Fall's 6th Grade News

Our students have been working hard learning skills that will help them in 7th grade and beyond. In ELA, we have been learning about informational and narrative text that relates to living with technology. We focused on multiple themes, central ideas, and analyzing details while citing evidence from the text to support our findings. In Math we have been learning about Pre-Algebra. In science we learned about Earth's Systems and Weather. I am very pleased at how much these awesome 6th graders have progressed since the beginning of the school year.

Mrs. Helen Fall

Fabulous First Graders

Where did January go? This school year is flying by. This is the time of year when everything the first graders have learned starts to come together. We are so excited with their academic progress!

Friday, February 13th will be a full day of school. We will be having our Valentine's Day celebration that afternoon. The students can bring Valentines and treats to exchange and share with their classmates. I will be sending a class list home the first week of February. We have 15 students.

Each student received a new home folder for this semester. Please make sure they do their homework, take out any papers on the "Keep At Home" side, and sign the homework chart. This is very important to help continue the routines and responsibility they learned in kindergarten.

I hope everyone's New Year has been off to a wonderful start!

Ms. Powell

Special Education

We are so proud of our students' hard work and progress this year! On the initial BIE assessments many students scored in the Partially Met Expectations or Approached Expectations categories. As a reward for our student' dedication, we are excited to announce an upcoming field trip to Phoenix, AZ with a tentative date of March 12th, 2026. This is an incentive-based field trip to encourage the following: participation/effort on upcoming BIE assessments, good overall attendance (quite a few have many unexcused absences), and good behavior with no suspensions or discipline reports. A letter will be sent home within the next two weeks that will include more detailed information. If you would like your child to bring a Tribal ID or other identification it is recommended that parents/guardians take their child to the tribal offices ahead of time. Tribal IDs for students are optional as the special education staff will also be carrying a student summary report for each child in attendance. Thank you for your continued support in helping our students succeed.

Ms. Grasso

8TH Grade

Hello parents and Guardians of 8th grade!!

We cannot believe it is February already, four more months until our promotion. Which will be held on Friday May 15th@ 1 p.m. Exciting news, we have met our goal to fundraise \$10,000.00 for our end of the year trip!! Thanks to all parents and guardians for all who helped fundraise and a HUGE Thank you to Nalze Nzhooni, LLC and Bright Path Labs for their contribution/donation. We appreciate it.

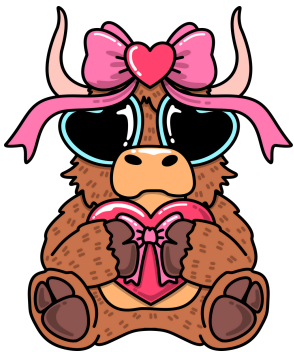
ELA-We have dived right into Anne Frank Act 1 (Anne Frank was a Jewish girl who became famous for her diary documenting her life in hiding during the Holocaust, symbolizing the human spirit's resilience against oppression.) We will most likely be on this topic for another 2-3 weeks. If you know or have information about this topic, have some discussions about it at home with your child.

Science - Food Webs: Cycling of Matter & Flow of Energy, your children at the end of this lesson should be able to determine how food is broken down and rearranged to form new molecules. How food webs show us how matter cycles and energy flows in an ecosystem. And what food webs rely on the processes of photosynthesis and respiration. Have a great February

Mrs. K. Cosay



Friendly Reminders:



- Keep child(ren) home if they are sick or running a temperature.
- Have child(ren) dress warm for the weather.
- No food/drink on the bus.
- Be a buddy, Not a bully.
- No rough play.
- Encourage your child(ren) to eat their breakfast. Most days students go thru the breakfast line and toss their plates straight to the trash can before returning to their seats.
- If you have a new phone number, home address or email address, Please call the school to update your file.
- Encourage your children to read by reading aloud, talk about books, and make reading a regular part of their day.

7TH GRADE NEWS

Math News

7th graders just finished up Topic 2 and are moving into Topic 3. Topic 3 consists of pre-algebra content. Students will learn how to analyze equivalent expressions, simplify expressions, and understand properties of operation.

ELA News

We are almost done completing Topic 3 Transformations. The students are in the section where they work with their peers in small groups to complete assignments. This has been challenging for most because they are not used to discussing and presenting. We will be working on learning how to communicate and sharing out answers.

Valentine's Day

Our class will be having a Valentine's Day dance on Friday, February 13 (Full day Friday) and during that time the middle school teachers decided to have a table with the treats the students bring.

Valentine cards will be exchanged prior to the dance.

"Your love and guidance at home make all the difference in the classroom. Wishing you a Valentine's Day as warm and wonderful as the hearts you're raising." -unknown

7th Grade Teacher: Mrs. Felicia Morris



Greetings 4th Grade Parents!

I hope you are keeping yourselves healthy and warm this month! January has been frigid with the low temperatures. Hopefully, February will contain some winter like weather 😊. Continue to send your child to school if he/she is well. Please make sure he/she has a winter coat to wear as the temperatures can be unpredictable.

This month 4th grade will be busy with BIE assessments. The BIE Math Interim will open after February 9. BIE ELA interim will be announced soon. However, these assessments are important to our data.

Therefore, it is important that your child attends school during this time.

Math standards for this month include Whole Number Fraction (multiplying, understanding fractions when $a > 1$ as a sum). Students are learning to generate equivalent fractions, ordering them, using an area model and/or a number line to show fractions.

ELA standards for this month include Figurative Language, word relationships, nuances in word meanings, using context clues to find meanings of a word or phrase. Students will be referring to text details and examples when explaining/ summarizing a text. They will need to have explicit details and make references from the text. This ELA unit will contain Realistic Fiction and Autobiography. Students will refer to Anchor Charts to help them remember genre elements for each one.

On Friday, February 13, we will have our classroom Valentines' party. Your child may donate any of the following items: Juice pouches, chips (NO hot Cheetos or Takis), cookies, candy, cupcakes, fruit snacks, or popcorn. Please make sure there are enough treats for 24 students. I will send home a list of students who will contribute to the Valentine's Day party soon. Also, your child may participate in handing out Valentine cards for their classmates. Make sure these cards are already written out for the individuals. There will be NO School on Monday, February 16, in observance of Presidents' Day.

Here are some REMINDERS: Please remind your child to leave all toys at home. Lately, the small toys are becoming a distraction during instructional time. There should be no snacks brought to school, unless it is their turn to contribute to a class party. Also, make sure to CALL THE SCHOOL for any bus changes. Do NOT text your child's phone to have them go elsewhere because it will cause confusion and, possibly, a lost child. Once I place a child on the bus, he/she will not be permitted to get off and "wait for you"
Thanks for all you do to support your child's learning! Mrs. Abril



Congratulations to our 5th & 6th grade girls basketball team on an incredible season undefeated season! Your hard work, teamwork, and dedication truly paid off.

Congratulations!

Huge Congratulations to the 5th and 6th grade boys' basketball team on winning the **FAYAL Championship!**
What an incredible accomplishment!



I want to be a police officer.
Katie

I want to be a police officer.
Darcy

I want to be a firefighter.
Marta

I want to be an engineer.
Kendall

I want to be a police officer.
Ravi

I want to be a firefighter.
Sivis

I want to be a police officer.
Javier

JFK Kindergarteners have BIG dreams:

Mrs. Bangert - KG

I want to be a police officer.
Rodson

I want to be a teacher.
Rhoda

I want to be a doctor.
Paistke

I want to be a police officer.
Madden

I want to be a worker.
Jaspr

I want to be a police officer.
Parkway

I want to be a teacher.
Catherine

I want to be a doctor.
Tatum

I want to be a doctor.
Isabella

I want to be a teacher.
Luna

JFK Calendar:

February



SUN	MON	TUES	WED	THURS	FRI	SAT
1	AM School Assembly 2	5:30 School Board Mtg. 3	4	5	6	7
8	6:00 PAC Meeting 9	10	11	12	Make-up School Day. <u>No early release</u> 13	Valentine's Day 14
15	No School President's Day 16	17	18	19	20	21
22	23	24	25	26	27	28



WHAT'S COMING UP

March

3/3/26 - School Board Mtg.

3/9/26 - PAC Mtg.

3/13/26 - End of 3rd Qtr.

3/16-20/26 - Spring Break

3/31/26 - Spring Parent Night



Indigenous Food Hubs 2026 Harvest of the Month



MONTH: BUFFALO/BISON

CULTURAL SIGNIFICANCE

For thousands of years, buffalo (bison) were central to the lives of many tribes, especially Plains tribes, such as the Lakota, Cheyenne, Blackfeet, and Comanche. They provided food, clothing, shelter, tools, and spiritual connection. Every part was used — meat for food, hides for clothing and tipis, bones for tools, sinew for thread, horns for ceremonies. The near extinction of buffalo in the 1800s devastated tribal communities, but today, many tribes are restoring herds and traditions. The buffalo symbolizes resilience, renewal, abundance, life, and the enduring bond between tribal communities and the land.

AT-HOME ACTIVITIES

- Watch a documentary on buffalo and their role in tribal communities.
- Research tribal-led buffalo restoration efforts.
- Visit a buffalo ranch or wildlife.
- Explore the principle of using every part of an animal and avoiding waste, even with store-bought food.

A LAKOTA SAYING

"When the buffalo returned, the people lived again."

NUTRITION AND FUN FACTS

- Buffalo is a lean protein source with about 2.4 g fat per 4 oz, compared to beef's 9 g.
- Nearly twice the iron of beef, aiding oxygen transport and preventing fatigue.
- High in B vitamins, especially B12 for brain function and energy.
- Provides zinc, selenium (immune support) and omega-3s (heart health).
- Can run 40 mph and jump 6+ ft.
- Bulls weigh up to 2,000 lbs, cows about 1,000 lbs — North America's largest land animal.
- Known as "Tatanka" (Lakota); scientific term is bison, though "buffalo" is widely used.
- Have Reddish-orange fur as calves.
- Once tens of millions roamed North America; numbers fell below 1,000 in the 1800s (as low as 325 in the U.S.). Today, the population is about 500k.



Indigenous Food Hubs 2026 Harvest of the Month



MONTH: BISON/BUFFALO RECIPE FOR BISON TACOS

COOK TIME
20 Minutes

SERVINGS
4-6

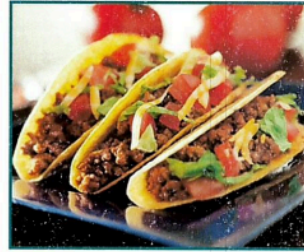
DIRECTIONS

1. Heat oil in a large skillet over medium heat.
2. Add ground buffalo and cook for 6-8 minutes, breaking it up with a spoon, until browned.
3. Add onion and garlic, cook for 2 more minutes.
4. Stir in tomato paste and spices, cook for 1 minute.
5. Add water or broth and simmer for 3-5 minutes.
6. Warm your tortillas and fill with buffalo meat.
7. Add your favorite toppings and enjoy!

Cooking Tip: Buffalo is leaner than beef, so it cooks faster! Keep an eye on it so it doesn't overcook.

INGREDIENTS

- 1 pound ground buffalo
- 1 tablespoon oil
- 1 small onion, diced
- 2 cloves garlic, minced
- 2 tablespoons tomato paste
- 1/2 cup water or broth
- 2 teaspoons chili powder
- 1 teaspoon cumin
- 1/2 teaspoon paprika
- Salt and pepper to taste
- Tortillas (corn or flour, hard or soft)
- Toppings: lettuce, tomatoes, cheese, salsa, sour cream, cilantro



NOTES

Buffalo tacos are a delicious and healthy way to try buffalo meat! Many grocery stores now carry buffalo/bison meat. Substitute ground buffalo for ground beef in recipes like tacos, chili, or meatballs and compare the taste and texture!

DIFFICULTY:

EASY MEDIUM HARD

Indigenous Food Hubs 2026 Harvest of the Month



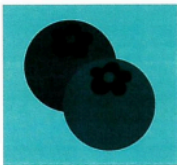
JANUARY: BISON



FEBRUARY: RABBIT



MARCH: BEANS



APRIL: BLUEBERRIES



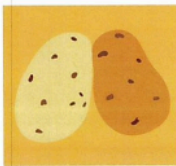
MAY: TROUT



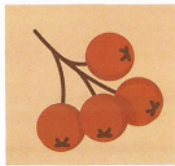
JUNE: SEAWEED



JULY: BLACKBERRIES



AUGUST: POTATOES



SEPTEMBER: CHOKECHERRY



OCTOBER: HOMINY



NOVEMBER: WILD TURKEY

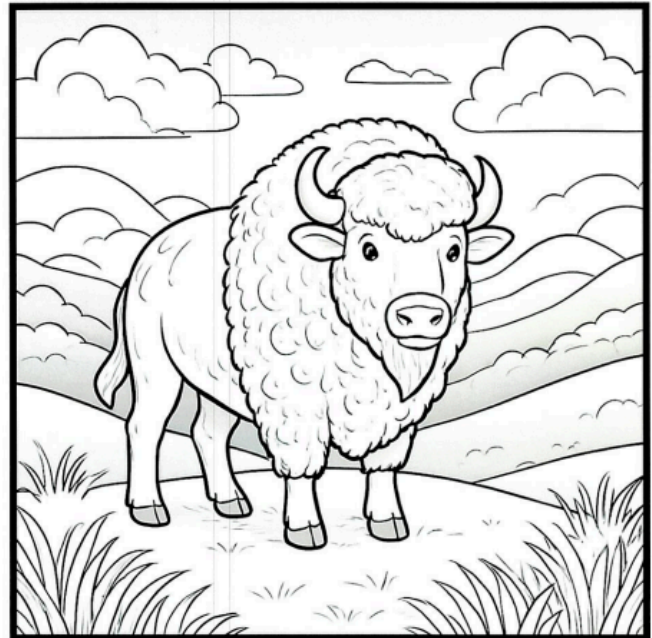


DECEMBER: CRANBERRY

Indigenous Food Hubs 2026 Harvest of the Month



MONTH: FOOD



February 2026 Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal: Honey Nut Cheerios Buttered Wheat Toast Jelly Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	3 Omelet WG English Muffin Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	4 Assorted Yogurt Granola w/ dried fruit Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	5 Egg, Sausage and Cheese Wrap Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	6 Scrambled Eggs w/ WG buttered toast Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
9 WG Pancake Mini Bites Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	10 WG Blueberry Muffin Hardboiled Egg Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	11 French Toast Slicks Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	12 WG Bagel Cream Cheese String Cheese Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	13 Bean and Cheese Burrito WG Tortilla Salsa Cup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
16 Holiday No School	17 Cereal: Frosted Flakes Buttered Wheat Toast Jelly Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	18 Chicken Sausage Patty on a Bun Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	19 French Toast Yogurt Syrup Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	20 Scrambled Eggs Blue Creamed with Jelly Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
23 Sausage/Pancake on a Stick Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	24 WG Turkey Sausage Breakfast Pizza Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	25 Egg and Potato Breakfast Wrap Salsa Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	26 WG Pancake Mini Bites Syrup Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	27 Seasonal Fruit and Yogurt Parfait Graham Crackers 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
Note: Menus are subject to change due to product availability. *This institution is an equal opportunity provider.*				

February 2026 Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
2 Orange Chicken & Rice Broccoli w/ Meatballs Creamed Spinach Sliced Shakers WG Garlic Bread Apple Slices 1% Lowfat White Milk or Nonfat Chocolate Milk	3 Bean Tortilla w/ cheese Spanish Rice Shredded Lettuce Cherry Tomatoes Salsa Cup Grapes Banana bread square 1% Lowfat White Milk or Nonfat Chocolate Milk	4 Cheeseburger on WG Bun Pasta Salad w/ veggies Seasoned potatoes Whole Apple Lettuce & tomato Ketchup, Mustard, Mayo 1% Lowfat White Milk or Nonfat Chocolate Milk	5 Chicken Fajitas on WG Tortilla Sautéed Pepper & Onions Black Beans Mixed Fruit Pico de Gallo 1% Lowfat White Milk or Nonfat Chocolate Milk	6 Beef Sir Fry w/ Brown Rice Vegetable Egg Roll Orange Slices 1% Lowfat White Milk or Nonfat Chocolate Milk
9 WG Spaghetti w/ Meatballs Creamed Spinach Sliced Shakers WG Garlic Bread Apple Slices 1% Lowfat White Milk or Nonfat Chocolate Milk	10 Pizza Quesadilla on WG Tortilla Green Beans Corn Salad Fresh Orange 1% Lowfat White Milk or Nonfat Chocolate Milk	11 Deli Sandwich Sweet Potato Fries Broccoli Diced Peas Lettuce, tomato slice, onion Ketchup, Mustard, Mayo 1% Lowfat White Milk or Nonfat Chocolate Milk	12 Beef and Lentil Chili Blue Cornbread Mixed Vegetables Potatoes Au Gratin Pineapple Tabbles 1% Lowfat White Milk or Nonfat Chocolate Milk	13 Crispy Beef Tacos (2) w/ Spanish Rice Refried Beans Shredded Lettuce, Pico de Gallo Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk
16 Holiday No School	17 Pork Chopette Banana Bread Square Creamed Spinach Pineapple Tabbles Ranch Dressing, Ketchup 1% Lowfat White Milk or Nonfat Chocolate Milk	18 Chicken Alfredo Cheesy WG Breadstick Broccoli Macaroni Corn Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	19 Cheese Pizza Tossed Salad w/ Dressing Sweet Potato Fries Ranch Mandarin Oranges 1% Lowfat White Milk or Nonfat Chocolate Milk	20 Turkey Sliders Tasty Tots Baked Beans Mixed Fruit ketchup, mustard, mayo 1% Lowfat White Milk or Nonfat Chocolate Milk
23 Beef Tamale Pie Cauliflower Black bean Salad Blue Cornbread Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	24 Chicken Tenders Mashed Potatoes Sautéed Zucchini Pineapple Tabbles WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk	25 Beef and Broccoli w/ Rice Carrot Slices Ranch Peas 1% Lowfat White Milk or Nonfat Chocolate Milk	26 Green Chile Posole Refried Beans Salad w/ ranch dressing Mixed Fruit WG Tortilla 1% Lowfat White Milk or Nonfat Chocolate Milk	27 Grilled Cheese Tomato Soup Creamed Spinach Orange WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk
Note: Menus are subject to change due to product availability. *This institution is an equal opportunity provider.*				

ENTRÉE w/ GRAIN- BLUE
 GREEN VEG- GREEN
 FRUIT- PINK
 RED/ORANGE- RED
 STARCHY VEG- YELLOW
 OTHER VEG- ORANGE
 LEGUMES- PURPLE